

The School's Herald

2024

• June •

ESCUELA CANYON MEADOWS

STORIES FROM STUDENTS

How can you be kind? Well, you can be kind by doing many things like helping your friends, playing with new people, writing stories for your relatives, anything really. But it's even the thought that matters.

KINDNESS ISN'T A REWARDED ACT. IT IS SOMETHING THAT IS JUST FOR THE FEELING OF HELPING SOMEONE.

YOU WILL BE ABLE TO MAKE NEW FRIENDS AND MEET NEW PEOPLE WHEN YOU SHOW KINDNESS.

AT SCHOOL, YOU CAN SHOW KINDNESS BY FILLING SOMEONE'S BUCKET, HELPING SOMEONE WHEN THEY

NEED HELP OR FEEL DOWN, COMPLEMENTING A PEER OR TEACHER, AND BEING RESPECTFUL BY DOING YOUR WORK IN THE CLASSROOM.

BUCKETS ARE NOT JUST ABOUT SOMETHING YOUR TEACHERS MADE UP. IT IS ABOUT USING YOUR IMAGINATION

TO NOTICE IF SOMEONE IS FILLED WITH KINDNESS AND LOVE. WE CAN FILL IN EACH OTHER'S' BUCKETS!

STORIES FROM STUDENTS

IF SOMEONE WERE TO BE SITTING ALONE ON A BENCH, WOULD YOU RATHER:

A. KEEP PLAYING WITH YOUR FRIENDS

B. TALK TO THEM AND INVITE THEM TO PLAY WITH YOU
IF YOU WERE TO DO OPTION B, THEN YOU ARE SHOWING KINDNESS TO THIS PERSON. MOST IMPORTANTLY, YOU ARE TREATING OTHERS THE WAY YOU WANT TO BE TREATED, ALWAYS WITH KINDNESS.
STAY KIND! MAKE GOOD CHOICES.

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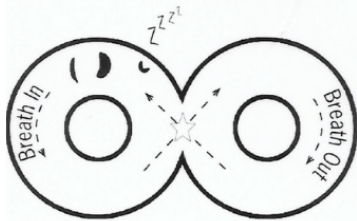
WORK IN THE CLASSROOM.

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Lazy 8 Breathing



Blow a Candle



Smell a Rose

CREDITS

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